Diabetes Review

As you have been identified as someone living with Diabetes, we would like you to be aware of the Diabetes checks required on a yearly basis.

National Institute of Clinical Excellence (NICE) recommends that people with diabetes should receive annual health checks to monitor and manage their condition, as well as reduce the risk of complications associated with the condition, such as heart disease and amputations.

Comprehensive Diabetes care looks at the following parameters.

1. HbA1c - long term blood glucose measured as an average over the last 8-10 weeks

2. Blood Pressure

3. Cholesterol

4. Serum Creatinine

5. Urine albumin

6. Foot surveillance

7. BMI

8. Smoking

The above tests helps us understand your Diabetes control, monitor and manage complications early.

If you have not had these done in the last year, Kindly get in touch with the surgery reception for your yearly blood and urine tests (forms can be requested through surgery reception), appointment with nurse for a foot check and Blood pressure.

Once you have had the above tests, the doctor would review your results and request you to arrange an appointment for Diabetes review if clinically required.

Wanstead Place Surgery